

# The 3-Month Density Protocol

Your simple day-to-day for The Density Builder Stock-Up

## THE ONE HABIT

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- ① Once a day, massage the Hair Density Serum directly into your scalp on dry or blow-dried hair. Work it in for **1 to 2 minutes**. Do not rinse. Style as usual.
- ② Anchor it to something you already do, after brushing your teeth at night works for most people. Daily beats perfect.

## WHY THREE BOTTLES

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Hair density is a slow game. The clinically studied peptides in the serum need sustained, uninterrupted daily use to show their best results, and one bottle covers about a month. Three bottles means the protocol runs a full quarter without a gap, which is where people actually notice fuller-feeling hair.

## MONTH BY MONTH

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- **Month 1:** build the habit. Scalp feels cared for, hair styles a little easier.
- **Month 2:** stay on it, this is the stretch where most people quit and lose the compounding.
- **Month 3:** the payoff window, compare a photo from day one.

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Questions, or something not working the way you expected? Text Brooke back on this number any time. Every product here is covered by the 30-day money-back promise.